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P.S.P.S. GOVT. P.G. COLLEGE FOR WOMEN,

GANDHI NAGAR, JAMMU.



Symphony

THE NEWSLETTER

JAN-JUNE, 2022

Education is our Passport to the Future,
For Tomorrow belongs to the people who prepare for it today.

— Malcom X—

From Principal's Desk



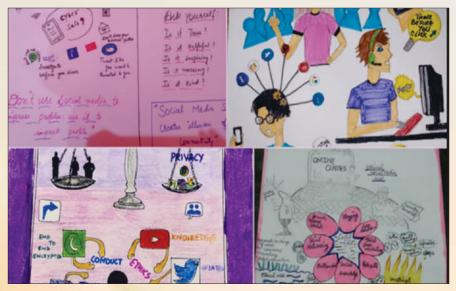
It's a great privilege and pleasure to release this issue of our College Newsletter, "Symphony". Just as a rainbow is an embodiment of aspirations and pleasures represented as VIBGYOR across the horizon, this News Letter too intends to capture and portray a kaleidoscope of diversified activities as it unfolded, vividly and accurately in the last six months. Through this panorama of activities, our college has viewed the trail of success and ultimate discovery of talent, creativity and unbridled enthusiasm.

All these activities are intricately woven in the modern curriculum fabric which will further help our pupils to become sparkling jewels.

This Newsletter bears testimony to the enthusiasm and immense potential of our college faculty and students. We have stepped into the year 2022 with all its grandeur and I am sure College will scale new heights with renewed zest and vigor of my wonderful team of faculty and students. I firmly believe that this pursuit of excellence will enable the students to set new landmarks in the vast domain of the creative world.

Wishing you a bright future ahead!!!

Prof. Minu MahajanPrincipal



The Department of Computer Applications, in collaboration with IOAC, organised a poster making competition on the topic "Ethical Social Media Use" on 20th January, 2022. The competition was held under the banner of "Cyber Jaagrookta (Awareness) Diwas." In the competition a total of 17 entries were received from the students. Prof. Ambica Kumari, Dr. Ashok Kumar and Prof. Mamta Kundal acted as the judges for the event. The first position was

bagged by Manshi Verma of B.Sc. Sem III, second position by Arti Sharma of Sem V and third position by Purvi Sharma of Sem I.

NSS Units of the College celebrated "National Girl Child Day" under the aegis of "Azadi ka Amrit Mahotsav" on 24th January, 2022. A Poster Making Competition on the theme "Save and Protect the Girl Child'" and a Debate Competition on the theme "Rights of Girl Child in India," were organised. A total of 95 cadets participated in these activities. Muskan Chib, Sneha Katal and Tanu Sharma secured First, Second and Third positions respectively in the Poster Making Competition. Sujata Sharma, Muskan Thackyal and Gunjan Rajput were judged First, Second and Third, respectively in the Debate Competition. The competition was organised with a vision to change the perspective and attitude of Indian society towards girls and to promote gender equality so as to provide a better future to them.





Republic day was celebrated in the College on 26th January, 2022 with full enthusiasm and zeal, following the Covid 19 SOP's. Tricolour was unfurled by the worthy Principal, Prof. Sangita Nagari in the presence of the staff of the college.

The Department of Psychology organised an online symposium on the topic "Stigma Related to Mental Illness" on 27th January, 2022 with the purpose of spreading awareness on mental health issues, among the masses. The programme was held under the banner of 'Azadi ka Amrit Mahotsav.' Dr. Sujata Slathia (H.O.D., Economics), Dr. Rupinder Kour (H.O.D., Education), and Prof. Mala Bhasin (H.O.D., Botany), acted as judges for the event. The first position was bagged by Dhwani Mahajan, second position was bagged by Charu Attri and Mehakdeep secured third position in the event.





A webinar on the topic, "Resume Preparation and Interview Skills" was organised by the College in collaboration with District Employment Counselling Centre, Jammu on 29th January, 2022. More than 100 students participated in the programme. Sh. Balvinder Singh, State Head HCL Technologies for Himachal Pradesh and J & K was the Resource Person. It was an interactive session aimed at focusing on employability and skill development. The programme was Coordinated by Prof. Ambica Kumari, Nodal Officer for Career Counselling and Coordinator for School Linkages, Manodarpan, Mr. Dushyant Singh, CCO DECC and Ms. Shivali Choudhary, Employment Officer DE&CC.

Principal Dr. Sangita Nagari along with Lt. Dr. Revika Arora of 1 J&K Girls Battalion and SLt. Dr. Neelima Gupta of 1 J&K Naval Unit NCC felicitated NCC cadets of the College who attended Republic Day camp 2022. Seven cadets; four from 1 J & K Girls Battalion and three from 1 J & K Naval Unit NCC were part of the team that attended the Republic Day Camp,

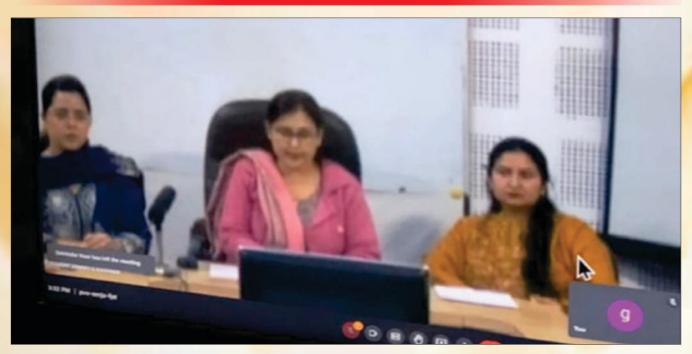


2022 at New Delhi. Senior Cadet Captain (SCC) Shriya Jamwal, of 1 J&K Naval Unit was selected as Platoon Commander for the prestigious Rajpath Marching Contingent along with Senior Under Officer (SUO) Avni Dutta, and SUO Ruchika Sharma of 1 J&K Girls Battalion, who were also a part of the marching contingent this year. All three of them were also part of the PM Rally.

SCC Riya Sharma of 1J&K Naval Unit was judged as Best Cadet from JK & L Directorate at New Delhi. She was also the Master of Ceremony for cultural events, flag bearer and marched the contingent in the PM Rally. Junior Under Officers (JUO) Soniya Parihar and Sukriti Singh of 1J&K Girls Battalion and Cadet Captain(CC) Avneet Kour of 1 J & K Naval Unit took a major lead in the cultural programme and participated in the flag area and PM Rally.



Department of Computer Applications, in collaboration with IQAC, organised a webinar on 'Cybercrimes During Covid-19 and its Preventive Measures' under the series of "Cyber Jaagrookta (Awareness) Diwas" on 25th February, 2022. Sh. Mohd. Yaseen Kichloo, SSP Security Civil Secretariat J & K of Jammu and Kashmir Police, was the Resource Person in the webinar. The event was organised by the committee constituted for Cyber Jaagrokta (Awareness) Diwas which included Prof. Rohit Gupta (Nodal Officer), members viz. Prof. Ambica Kumari, Prof. Mamta Kundal, Dr. Ashok Kumar, Prof. Rajinder Kumar and Prof. Poonam under the patronage of worthy Principal, Dr. Sangita Nagari.



The Department of Mathematics organised a Webinar on National Science Day, 28th February, 2022, through the EDUSAT HUB. The topic of the Webinar was "Multiple Career Options in Mathematical Sciences." Prof. Rakesh Kumar from the Department of Mathematics and Statistics, Namibia University of Science and technology, Namibia was the Resource Person, who deliberated on the importance of interdisciplinary aspect of Mathematical Sciences.



Department of Botany organised 'Science Festival-2022' w.e.f. 26th-28th February, 2022 in a blended mode on the theme, "Integrated Approach in Science and Technology for a Sustainable Future." During the three-days festival, a Model Making Competition was organised on day one, wherein 98 students participated and displayed working as well as still science models. On the second day, Dr. Ashaq Malik, Assistant Professor, Govt. P.G. College, Rajouri, delivered a lecture on the topic, "Integrated Approach in Science and Technology for Sustainable Future" and a seminar on the theme of the festival was organised on the third day.





Poster Making Competition organised by the Department of Geography on the theme "Conventional Symbols and Map Reading" on 3rd March, 2022.

A Quiz Competition was organised by the Department of Punjabi on 7th March, 2022. Ekroop Kour secured first position; Indeed Kour and Khushdeep Kour shared second position and the third position was shared by Joyleen Kour, Akashdeep Kour and Pavleen Kour. The Competition was conducted under the patronage of the Principal, Dr. Sangita Nagari and the guidance of H.O.D. Punjabi, Dr. Surjeet Kour.



Department of Computer Applications, in collaboration with IQAC organised a seminar on 'Awareness about Cybercrimes against Women' under the aegis of "Cyber Jaagrookta (Awareness) Diwas" on 8th March, 2022. Dr. Preeti Dubey was the Resource Person in the seminar and Mr. Mohd. Yaseen Kichloo, SSP Security Civil Secretariat J&K of Jammu and Kashmir Police was the Chief Guest on the occasion. A total of 115 students and 30 staff members attended the seminar. The students were given awareness about various provisions of the IT act.

Principal of the College, Dr. Sangita Nagari felicitated Ojasvi Dubey of Semester I and Mahroash Malik of Semester Ill, who represented the college in the 20th Annual Veerana Aivalli Memorial Debate Competition. The competition was held on 11th March, 2022 at Brigadier Rajinder Singh Auditorium, University of Jammu. The topic for the same was "In the Opinion of the House, it is the Culture of sports and not just Government Policy that can improve Indian Medal Tally at Olympics-2024." Ojasvi Dubey received Consolation Prize in the event.





Cadets of 1 JK Naval Unit NCC and students of Home Science Department organised a cleanliness drive in the campus under the banner "Azadi Ka Amrit Mahotsav." More than 30 Naval NCC Cadets and 50 students of the Home Science Department actively participated in an hour-long cleanliness drive in the campus. The programme was organised under the patronage of worthy Principal, Dr.

Sangita Nagari. The purpose of the campaign was not just to clean the surroundings, but also to create awareness among the people about the need for maintaining cleanliness.



Students and faculty of the Commerce Department celebrated Holi festival with the children of Bal Niketan, Amphalla, Jammu on 15th March, 2022. The slogan of the event was "Let We Splatter the Colours of Happiness among the Children of God." A batch of 10 students along with faculty members offered their services for mentoring the children on weekends. Stationary items and groceries were also donated.



The students of the Geography Department celebrated "World Water Day, 2022", under the banner of Azadi Ka Amrit Mahotsav on 22nd March, 2022. A symposium was organised on the theme "Groundwater: Making the Invisible Visible." Issues like distribution of water on earth, access to safe drinking water, water quality, conservation of water, groundwater harnessing were deliberated upon.



To commemorate "Shaheedi Diwas," a series of events was organised on 23rd March, 2022, which included Declamation Contest, Slogan Writing Competition and Poster Making Competition. Tributes were paid to the people who were martyred in the struggle for India's independence. A lecture on the topic "India of Bhagat Singh's Dreams" was delivered by Dr. Piyush Kant Sharma, Assistant Professor at GDC Akhnoor. In the Declamation contest, Tamana bagged

first position, Shehnaz Akhtar and Harneet Kour shared second position and Aparna Singh stood at the third place. In the Poster Making Competition, Akshi bagged first position, Hitashi got second position and Amreen secured third position. In the Slogan writing competition, Seeya bagged first position, Rachi secured second position and Diksha stood at the third place.

The Department of Physics conducted National Graduate Physics Examination (NGPE) on 27th March, 2022. 33 students registered in the College Centre for the exam. NOPE is a voluntary examination conducted by Indian Association of Physics Teachers (IAPT) every year in the month of January throughout India from Kashmir to Kanya Kumari and Kachchh to Kohima at about 270 centres for Under Graduate students studying physics.

Three day Signature Campaign on the theme, "Say No To Single Use Plastic" was launched from 26th -28th March, 2022 by the Eco-Club in collaboration with NSS Units of the College. The campaign was organised to enforce Action Plan for 'Elimination of Single Use Plastic' in Constituent Colleges of Cluster University of Jammu (CLUJ).





"World Theatre Day" was celebrated on 29th March, 2022. Five plays based on diverse themes, "Heer- Ranjha" - Waris Shah, "Do Behnein"- Premchand, "Mental Health", "Old Age Homes" and "Importance of Culture" were staged by students of the college. Around 40 students from different departments of the College enthusiastically participated



The Eco-Club of the college organised a Poster Making Competition for the students on the topic, "Impact of Plastic Pollution on Aquatic Life" on 29th March, 2022. Dr. Indu Khajuria (Associate Professor, Chemistry), Prof. Mala Bhasin (H.O.D., Botany) and Dr. Vasudha Choudhary (H.O.D., Zoology) acted as judges for the event. A total of 30 students participated in the competition. Priya Devi of B.Sc. Semester I, Pallavi Gupta of B.A. Semester V and Razia Bano of B.A. Semester V bagged first, second and third positions respectively.





NSS Units of the college organised two days workshop from 5th-6th April, 2022, to celebrate "Poshan Pakhwara". The day one started with a series of awareness lectures on nutritional diet by NSS Program Officers; Prof. Mala Bhasin and Dr. Monika Hans, and concluded with an interactive talk by Prof. Sugandha Mahajan. On day second, NSS Volunteers visited an Anganwari Centre at Kanji house, Upper Gummat, Jammu and measured the height and weight of children. The efforts of volunteers and Programming Officers were appreciated by the worthy Principal of the college, Dr. Sangita Nagari.



The Department of Political Science in collaboration with IQAC celebrated "Ambedkar Jayanti" by organizing an Intra-College Declamation Competition on the theme "Different facets of Dr. B.R Ambedkar's life Journey" under the banner of 'Azadi ka Amrut Mahotsav" on 12th April, 2022. On this occasion, around 20 enthusiastic students

from the Department of Political Science participated in the event. The speakers

emphasised the many different aspects of Dr. B.R. Ambedkar's life. Simran Jamwal, a student of B.A semester I was adjudged first, whereas second and third positions were bagged by Lakshita of B.A semester I and Ritika Choudhary of B.A semester V, respectively. The Principal of the College, Dr. Sangita Nagari was the Chief Guest of the event.





In continuation with the activities to commemorate "Azadi Ka Amrit Mahotsav", 40 NCC Cadets of 1J&K Girls Bn and 1J&K Naval Unit of the college celebrated 131st Birth anniversary of Baba Saheb Ambedkar on 14th April, 2022. The NCC cadets cleaned the statue of Baba Saheb Ambedkar, situated at Panama Chowk and offered floral tributes as a mark of respect. They also conducted cleanliness drive to

spread the message of swacchta under the guidance of ANOs Lt.Dr.Revika Arora and SLt.Dr. Neelima.

On the occasion of World Book Day, the college released its first Volume of Sports Magazine entitled "Veerangana" on 23rd April, 2022. Dr. Sangita Nagari, Principal and the Chief Guest of the event, congratulated the members of the editorial board. Dr. Sujata Slathia, H.O.D Economics, was the Guest of Honour on the occasion. The magazine was compiled by Dr. Roopali Slathia, Physical Director of the college and the entire proceedings were conducted by Dr. Revika Arora.



In collaboration with All Indian Council for Technical Education (AICTE) New Delhi, a One-Day workshop on "Prime Minister Special Scholarship Scheme" (PMSSS) was organised by the College, on 25th April, 2022. On this occasion, Dr. Ravi Shankar Sharma, Director School Education, Jammu, was the Chief Guest, Sh. Sudershan Kumar, Director Skill Development, Jammu was the Guest of Honour whereas Prof. Ajit Angral, consultant (PMSSS) and Sh. R.K. Ganjoo, Assistant Director, AICTE were the Resource Persons.



Certificate of Recognition and Trophy was awarded to Dr. Revika Arora, Assistant Professor in Chemistry in the category- Dynamic Professor of the Year for outstanding achievement, extraordinary teaching acumen, continued dedication and contribution in the field of Education by National Education Brilliance Awards and Summit 2022. The award ceremony was held at New Delhi on 15th May, 2022.



Subsequent upon the transfer of Principal, Dr. Sangeeta Nagari,17th May, 2022, it has been a matter of great privilege to welcome our worthy Principal, Prof. Minu Mahajan, accompanied by worthy members of GCW Udhampur.



The "Students Standard Club" of the college, in collaboration with Department of Commerce and Bureau of Indian Standards (BIS), Jammu Kashmir Branch organised a technical lecture on "Standard Marks" on 19th May, 2022. Ms Nisha Bura, Joint Director, BIS, J & K Branch, was the keynote speaker on the occasion. She made the audience aware about the BIS consumer standards.







Continuing its endeavour to create awareness about Cyber Hygiene and Cyber Crime among students, Cyber Jaagrookta (Awareness) Cell of the college organised an Essay Writing Competition on "Cyber Hygiene in Public Life"on 25th May, 2022. The programme was held under the patronage of worthy Principal, Prof. Minu Mahajan. A total of 20 students participated in the competition. Miss Tanveer Kour of sem II, stood first in the competition whereas 2nd and 3rd positions were clinched by Miss Varsha

Largotra of sem V and Miss Chahat Sharma of sem II respectively.

"Students Standard Club" of the institution organised an awareness lecture on "Quality of diamonds" in collaboration with fortofino Gandhi Nagar, Jammu. A team of Fortofino explained about the 5 C's of diamonds (Cut, Clarity, Colour, Carat and Certification) and the unique identification number allotted to each diamond which is more than 8 cents. Prof. Minu Mahajan, Principal of the college, appreciated the efforts of the club for organising such awareness lectures.





The Eco-Club of the College, in collaboration with the Department of Environmental Sciences and School of Sciences, Cluster University of Jammu, launched a series of activities to promote the value of environment among the students under the patronage of Prof. Minu Mahajan, Principal of the College. Dr. Nazia Rasool Latifi, a well known Environmentalist and Educationist was invited to demonstrate the development

of vertical gardens in the college. She also delivered a talk on vertical gardens, their role in beautification and aesthetic value.



A One-day workshop on "Drug Abuse and Preventive Measures" was organised by the Department of Home Science in collaboration with IQAC and State Level Coordinating Agency of Ministry Of Social Justice and Empowerment, Government of India under the aegis of "Azadi ka Amrit Mahotsav" on 30th May, 2022. Professor Minu Mahajan, Principal of the College was the chief guest on the occasion. Ms. Rudrakshi, a Clinical Psychologist, Ms Kimi and Ms Shikha (Councellors) were the Resource Persons for the technical sessions. In the second session, a Nukkad Natak exhorting the consequences of drug abuse was presented by the team of Navdurga Kala Manch Mandal.



Under the nationwide initiative, "Puneet Sagar Campaign", NCC cadets of 1 J&K Naval Unit and 1 J&K Girls Bn Srinagar, participated in Clean Tawi Campaign on 30th May, 2022. The aim was to propagate the message of "Importance of clean sea shores and river banks" amongst the local population and future generation. More than 30 cadets participated with enthusiasm and vigor in cleaning of the plastic waste along the Tawi River Bank near Vikram Chowk. Principal of the college Prof. Minu Mahajan, lauded the efforts of the ANOs of the college Lt. Dr. Revika Arora and Sub. Lt. Dr Neelima Gupta.



The Department of Psychology, under the aegis of Manodarpan, in collaboration with NSS units of the college, organised a "T-shirt Painting Competition" for the students on the topic-"Say no to tobacco" on 31st May, 2022 to celebrate "World No Tobacco Day". The Programme was held under the patronage of Principal Prof. Minu Mahajan.

In the event, a total of 32 students participated. The first position was bagged by Akanksha Gupta of III semester, second position was bagged by Aparna of I semester and Pallavi Gupta of V semester got third position in the event.

The organising committee comprised of Prof. Mala Bhasin (H.O.D, Botany), Dr. Revika Arora (Assistant Professor in Chemistry), Dr. Monika Hans (Assistant Professor in Food Science) and Prof. Eisha Gohil, (H.O.D, Psychology).



33 students along with Faculty of various colleges of Jammu Division, were flagged off by the Principal of the college, Prof. Minu Mahajan, for a month long Internship Programme at IIM Rohtak from 13th June-13th July, 2022.

Prof. Ravinder Tickoo (Nodal Principal), Prof. S.P. Saraswat (Principal, GCW Parade) Prof. Mamta Gupta (H.O.D, Commerce) Prof. Mala Bhasin (Staff Secretary), Prof. Renu Rajput, Prof. Neha Gupta, Prof. Sunil Singh and Prof. Binny Kumar were present during flagging off Ceremony. Students were accompanied by Prof. Paramjeet Singh, Prof. Mamta Kundal and Dr. Mohd Majeed for the said Programme.

This is one of the many initiatives of the Higher Education Department of Union Territory of Jammu and Kashmir to improve access to quality education, skills, and knowledge in remote and distant areas and especially for the girl child.

Department of Computer Applications in collaboration with IQAC & NSS organised a webinar on 'Information Technology Act'on June 21, 2022. The program was held under the patronage of worthy Principal Prof. Minu Mahajan. She applauded the Ministry of Home Affairs, Govt. of India and Higher Education Department J&K for implementing the scheme called "Indian Cyber Crime Coordination Centre (I4C)" to deal with cybercrime in a coordinated and comprehensive manner. Sh. Ankush Manhas, Advocate J&K High Court, was the Resource Person in the webinar.



The NSS unit of the Institution celebrated the 8th International Yoga Day by organising a series of events from 19th June to 21st June, 2022. The programme was held under the able guidance of worthy Principal Prof. Minu Mahajan and supervision of Prof. Mala Bhasin and Dr. Monika Hans, NSS Programme Officers. A total of 98 volunteers participated in various events. The celebration started with "Poster Making Competition" on the First Day, wherein 32 volunteers participated and showcased their creativity. Another event-"Favourite Yoga Asana" was organised on the Second Day wherein 36 volunteers participated with great zeal. The Three-Day Programme concluded by holding a Live Yoga Session "Yoga for Humanity" by Ms. Komal Gupta, Yoga Instructor of K.C. International School. 48 NSS volunteers and 171 NCC cadets participated enthusiastically and realised the benefits of Yoga for Health, Harmony and Tranquility.

An International Conference (26th ICSPRR) was attended by Dr. Renu Sharma at Prague, Czech Republic, w.e.f. 20th June to 24th June, 2022. Dr. Sharma is presently working as Assistant professor in the Department of Botany. She presented an abstract talk on the topic "Sexual dimorphism, male biasness and ambophily in Zanthoxylum armatum; traits for reproductive efficiency!"





30 NCC cadets of 2 J&K Girls Bn, 42 cadets of 1J&K Girls Bn, and 24 cadets of 1J&K Naval unit enthusiastically participated in three-days cleanliness cum beautification drive w.e.f. 23rd June to 25th June, 2022. The activities included painting of terracota pots, trees, poles, grills, water points etc. which enhanced the ambience of the College. The Principal of the College, Prof. Minu Mahajan appreciated the efforts of the ANOs of the college, Lt. Dr. Revika Arora, SLt. Dr. Neelima Gupta, Lt. Suman Bala and Prof. Poonam for conducting the cleanliness and beautification drive.



"A Goal Without A Plan Is Just A Wish"

On the inauguration of new IQAC room worthy Principal of the College Prof. Minu Mahajan assigning IQAC charge to Dr. Suresh Kumar.



Convenor:
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(Head, Department of English)

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